



*A Welcoming Congregation*

## HORIZONS Journal of the UNITARIAN UNIVERSALIST CONGREGATION OF PHOENIX

4027 East Lincoln Drive, Paradise Valley, AZ, 85253

February 2012

### This month at a glance:

- 5—New Day Center Meal
- 5—Pathway to Membership
- 10—Traveling 2<sup>nd</sup> Fridays
- 11—PTM Potluck
- 12—Young Adult Group
- 14—Interweave Meeting
- 15—mUUVie Night
- 16—Immigration Task Force Mtg
- 17—Diversity Dinner
- 18—Sewing Circle
- 19—Share the Plate
- 19—Social Action Luncheon
- 20—Women's Spirituality Circle
- 23—Board Meeting

#### Ongoing:

- Open Art Studio
- Meditation Group
- Walking Group
- Book Group
- Addiction Discussion Group

Look for more details on each of these events and opportunities throughout Horizons, as well as in Compass and Sunday announcements.

### ***In this issue...***

Minister's Musings...	3
President's Report	4
From the Staff...	6-8
Ministry and Committee Reports...	9-22
Services...	23

### Those Whom Nobody Loves

For many years, my mentor, friend, and now the Minister Emeritus of the Unitarian Universalist Church of Rockford, IL, Dave Weissbard, used the following words, slightly adapted from the original, as the benediction to Sunday worship services:

May the Truths that make us free,  
The Hope that never dies, and  
The Love that casts out fear,  
Lead us, and those we love,  
Forward together, 'til the dayspring\* breaks  
and the shadows flee away.

- Author Unknown  
\* *daybreak, dawn*

Eventually, Dave expanded the words of this blessing to include, in addition to those we love, "those whom nobody loves." I remember feeling a strong resistance to that slight change in those familiar and comforting words. Much of the time, I admit, I really didn't want to be reminded that there are people whom nobody loves, people who are unloved, people who feel unlovable, and even people who feel they have no one to love.

As another Hallmark holiday approaches, I am reminded of Dave's benediction. I think of people who have no valentine or feel they are no one's valentine. I remember one of Virginia Satir's teachings: "Everybody just wants to be loved." Virginia said that wanting to be loved is a basic truth of human existence and that all of our posturing, defenses, and negative behaviors are really masks for that tiny, fearful little voice inside us that says, "I just want to be loved."

You may not have tons of time or money to give to the causes in which you believe. You may not be able to join in marches and protests. You might not be able to take your beloved, if you have one, to a fine restaurant or an extravagant vacation. But you can be kind.

In large part, I think our religion is kindness. Our religion is acknowledging that everybody just wants to be (and deserves to be) loved...the bank teller, the waitress, the receptionist, the store clerk, the person sitting next to us on the bus or in the doctor's office or in the committee

## Service on the Side of Love...

meeting or sanctuary. Everyone just wants to be loved...the cranky child, the impatient spouse, the too-busy friend, the office volunteer, even that person making a sales call.

During this “season of love,” may we bring more kindness, more simple words and acts of love to our everyday interactions with all those we encounter. And “may the Truths that set us free, the Hope that never dies, the Love that casts out fear, lead us and those we love, and those whom nobody loves, forward together ‘til the dayspring breaks and the shadows flee away.”

Love,  
Linda

Rev. Linda Lawrence  
Assistant Minister

## Got Citrus? Glean Team wants you on St. Patrick's Day!

Our Valley of the Sun has countless citrus trees that grow in our golf courses, neighborhoods, and parks, as part of Arizona's legacy as a citrus producer. If you recall from your Arizona civics course, citrus is one of the ‘Five C’s’ that historically boosted Arizona's economy, along with cattle, climate, cotton, and copper. Each winter, our Valley is ripe with an abundance of grapefruits, oranges, and lemons that sometimes go to waste or remain hanging on the trees.



Taken from the tradition of collecting leftover crops from farmers' fields following harvest, St. Mary's Food Bank has an innovative citrus gleaning program, which puts much of this citrus detritus to good use.

With our current economic times as a backdrop, the food bank's gleaning program enlists homeowners with citrus-rich yards to donate their citrus surplus to the food bank, as well as volunteers to pick the citrus. The food bank mainly seeks oranges and grapefruit because of their high nutritional value, and stomach-filling properties; however, they will also gladly accept all citrus donations, including lemons and limes. In 2010 alone, St. Mary's collected two million pounds of citrus.

As Jerry Brown, the food bank spokesperson notes, “When fresh fruit is added to the canned goods, it really improves what we are giving families, not only in quality, but nutrition.” Since there is a limited shelf life for citrus, one might think that there is a limited amount of citrus that families could consume at a time. With St. Mary's gleaning program, however, the more citrus that is collected, the larger the number of families who can be fed throughout the western United States. That is because about half of the citrus collected is distributed throughout the Valley. The other half is traded with eight other states. In turn, St. Mary's receives apples from Washington, potatoes from Idaho and New Mexico, and plums and nectarines from California. Annual citrus gleaning also enables the trees to produce a healthier crop the next year as well, thus ensuring this precious resource for years to come. And a citrus donation is also tax deductible.

With a little luck O' the Irish and some able hands, this year a new Justice Ministry—UUCP's own Citrus Team Glean—will partner with St. Mary's Food Bank and our Quaker Friends on St. Patrick Day (Saturday, March 17, 9:00-12:00) for our own citrus gleaning volunteer event. If you have surplus citrus in your yard, and would like to have your trees gleaned as a donation to St. Mary's or would like to volunteer to pick on that day, we invite you to join us in this doubly green activity! What better way is there to build religious community, share a journey, grow in spirit, and advance justice! Please contact Lillian Habeich by February 28 at [citrusglean@phoenixuu.org](mailto:citrusglean@phoenixuu.org) for further information.

## A Request from Rev. Susan

Many people have asked me “How can I be of help or support the work of Justice General Assembly (GA)?” (GA is the annual gathering of thousands of Unitarian Universalists from around the country, and it is happening this **June 20-24 in Phoenix, Arizona!**) I am delighted by the support I feel from UUCP and Unitarian Universalists all over the country who are looking forward to Justice GA and the work leading up to the event.

Here are three ways *you* can support Justice GA:

### 1. Volunteer to Support Justice GA!

Sign up to offer home hospitality to a UU from across the country who is here for GA. This home hospitality is also a fundraiser for UUCP, with contributions for home hospitality going to UUCP.

Volunteer to be part of the Welcoming Team at Sky Harbor Airport. In April, we will begin recruiting people to extend our Welcoming Ministry to Sky Harbor. Members from local congregations will gather at the airport with Standing on the Side of Love or UU t-shirts to make our guests from around the country feel welcome as soon as they get to the airport.

Additional volunteer needs will be advertised as we approach June, so look for ways you can support GA. Even if you cannot attend GA, there are ways you can support its success!

### 2. Attend Justice GA June 20-24! Registration opens March 1<sup>st</sup> at [uua.org](http://uua.org)

Imagine singing your favorite hymns, surrounded by thousands of UUs. Imagine our voices filling a huge hall. Imagine listening to a 200-member choir lifting and rocking our spirits and getting dancing and clapping. Imagine hearing the best preachers in our Association and national and international figures speak and teach. It's all at General Assembly! And you can be there too!

General Assembly, which happens once a year, is a major spiritual, governance, and leadership development event. It is often financially inaccessible with the costs for travel, registration, hotel, and food. Since it is in Phoenix, it will be one of the most accessible opportunities for us to be a part of this spectacular event.

Here are some hints to further reduce the cost of GA:

- Be a GA Volunteer. Registration opens March 1<sup>st</sup>. If you sign up to give 24 hours of volunteer time, your registration will be paid.
- If you are a youth, young adult, person of color, person with a disability, or someone for whom General Assembly is always out of financial reach, the Pacific Southwest District is offering scholarships to support registration and hotel costs.
- Register early (March 1<sup>st</sup>) for best rates on housing, including ASU dorms. Housing fills up quickly, especially more affordable options.
- Stay at home and commute to GA, saving hotel costs.
- Given the long hours of GA, a hotel can be more convenient. Reduce the cost of a hotel by sharing a room with up to three additional people, or reserve a hotel for Thursday through Saturday only, rather than Wednesday through Sunday.
- Scholarships are available through the UUA and through the Youth and Young Adult office of the UUA. Check out registration information beginning March 1<sup>st</sup>.
- If you are a UUCP leader (board member, Council member, committee chair or co-chair, program/task team leader), apply for a scholarship from UUCP.
- Pack a lunch, or buy breakfast food to keep in the hotel to reduce food cost.



## From the Board...

If you have more ideas for ways to make GA affordable, please send them to [minister@phoenixuu.org](mailto:minister@phoenixuu.org) and we will add those to the list.

### **3. Be Present, Engaged, and Active at UUCP!**

The work that Unitarian Universalists will do at General Assembly is important. It is exciting youth and young adult UUs in unprecedented numbers. The efforts to strengthen the voice and momentum of the human rights movement in Arizona will be felt long after GA.

However, more important than even GA, is the strength and health of the ministry of UUCP. I will be away a lot over the next few months preparing UUs nationally for Justice GA. More than anything, what I need your help with, the members and friends of UUCP, is to be present and engaged at the congregation. Be at UUCP on Sundays, keep the work of your ministries and committees strong. Remember that UUCP is the congregation it is because of your presence and the gifts and care you bring to it. While I am away, what would mean the most to me is to know that you all are keeping the home fires burning, and keeping the welcoming, vibrant spirit of UUCP alive and palpable, truly welcoming all into the work of sharing journeys, growing in spirit, and advancing justice.

Thank you for all your gifts of love and service to UUCP.

Yours in love,  
Susan

## From the President

*I don't know what your destiny will be, but one thing I know. The only ones among you who will be truly happy will be those who have sought and found how to serve. —Albert Schweitzer*

Friends,

I have been a member of the UUCP Board of Trustees for several years now and I would like to take this opportunity to thank you, the members of the UUCP, deeply for allowing me this opportunity to serve our congregation and our Unitarian Universalist faith.

I'm not the wittiest discussion leader, or the most compelling public speaker or the most passionate social activist, but being on the Board has allowed me the honor and privilege of contributing in a small part to all that this congregation does by helping to shape our vision of the future of this religious community. Over the years, I have been lucky enough to see our congregation make remarkable and tangible progress toward our vision.

UUCP's progress has been a blessing in many ways, but personally, the most rewarding part of serving on the Board has been my own learning and growth. I have become a much deeper and authentic Unitarian Universalist, and a more purposeful person. My understanding of my own spiritual grounding and my own strengths and weaknesses have been firmly clarified by my fellow Board members, Rev. Susan, my fellow congregants, and especially by my own mistakes.

As my fellow Trustee, David Johnson says, "Serving on the Board has become my spiritual practice." For him, and for me, it may be challenging but it has become the most rewarding way of giving back to our congregation.

## From the Board...

In her book *Blessing the World*, Rebecca Parker quotes a member of her congregation explaining why he tithes. His insight applies equally well to giving time and energy to the church instead of money:

To tithe is to tell the truth about who I am.

If I did not tithe, it would say that I was a person who had nothing to give, a person who had received nothing from life.

A person who did not matter to the larger society  
or whose life's meaning was in providing for his own needs alone.

But in fact, who I am is the opposite of all of these things.

I am a person who has something to give.

I am a person who has received abundantly from life.

I am a person whose presence matters in the world, and

I am a person whose life has meaning because I am connected to and care about many things larger than myself.

If I did not tithe, I would lose track of these truths about who I am.<sup>1</sup>

Serving on the Board has reminded me that I am indeed a person who has something to give... and so are you. As you read this, I would ask you to consider this an invitation to imagine yourself giving *your* gifts to this congregation in the form of your wisdom, strength, dedication and also in the form of your mistakes.

This spring, the UUCP will hold an election for vacant seats on the Board of Trustees, as well as for leadership positions on the Nominating Committee, and the UU Foundation of Phoenix.<sup>2</sup> We value and need diversity, perspective, and commitment. Please contact the Nominating Committee, or a member of the Board to find out more: [nominating@phoenixuu.org](mailto:nominating@phoenixuu.org) or [board@phoenixuu.org](mailto:board@phoenixuu.org).

Jimmy Leung

The next meeting of the Board of Trustees will be: February 23<sup>rd</sup>, 6:00 PM in the Johnson Room.  
All are welcome.

<sup>1</sup>Walker Wikstrom, Erik (2010-05-15). *Serving with Grace: Lay Leadership as a Spiritual Practice* (Kindle Locations 119-123). Skinner House Books. Kindle Edition.

<sup>2</sup>For More about the UU Foundation of Phoenix, our congregation's endowment foundation see (<http://www.phoenixuu.org/?q=node/3688>) or contact UUF Chair, Ellie Murphy.



## Greetings from Your Music Director!

So many people have been asking about my recent trip to China. So here goes.

Most days we awoke early, ate interesting things for breakfast, climbed onto a bus, then sometimes a train or plane to arrive in a new city. Upon arrival we ate lunch, more interesting things. We had a couple of hours to organize concert attire, dress and maybe rest. Then off to the hall for rehearsal, snack, concert with all five encores, then off to dinner, to bed, then get up and do it again.

What I find myself telling people is that China was as varied as any place could be: beautiful, polluted, friendly, crowded, hectic, noisy, peaceful, joyful, and sad.

Temples held the most beautiful statues of jade and gold. All grounds and buildings were well kept by monks. Worship is not a community event. It is an individual lighting of incense, individual prayers, individual bowing to the statues on ornate pillows, as a monk would ring a bell for each bow. If the worshiper did not bow enough, a whisper in her ear insured a few more.

Beautiful hotel lobbies and gardens graced with art, fish ponds, and galleries. Beautiful calligraphy and historic characters portrayed as art.

Beautiful faces of many people on the street behind hotel counters, in restaurants, selling post cards on the Great Wall, standing guard on Tiananmen Square and at the entrance to the Forbidden City. Rugged mountains as the bus approaches the entrance to the Great Wall at Badaling.

Visit the site below for pictures of the Forbidden City.

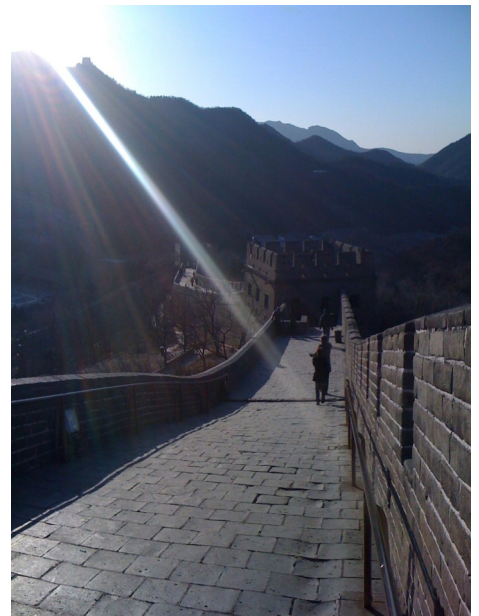
<https://picasaweb.google.com/103774290947733275845/January162012>

What I appreciate about my home even more after visiting China:

1) The ability to drink the tap water, as much as I need, 2) The air, breathing the air, 3) Seeing and hearing birds, 4) That I can choose to be a musician, to drive a car, for whom to vote, to gather in a place of worship, or demonstrate on the street, 5) That I have room to plant a garden in my own back yard, and 6) I know the main ingredient of most menu items.

I will publish more picasa web pictures as time allows. Thank you all for your warm welcomes home.

Sincerely,  
Connie Jahrmarkt, CML



## A Different Kind of Elevator Speech

This month, I want to share my recently crafted elevator speech. An “elevator speech” is generally what we might say to explain our personal beliefs, or Unitarian Universalism, or how to make lasagna, while riding an elevator up or down five flights with an interested stranger. My “regular” elevator speech about what I believe is having tea in the penthouse, but in the meantime, I have found myself perfecting my elevator speech about what it means to (temporarily) direct our children’s religious education program, and how to help those who want to help out in our children’s programs.

What I have found is that there are three basic tenets that I hold up when people ask me about our program. These ideas encompass our youth programs for teenagers as well as the work we do with our babies and younger children (and can probably be applied to anyone working in a leadership role with others). My philosophy when teaching teachers, training babysitters, or helping adults work with our teens is basically the same. The three most important things to know and remember are:

First, when working with children or youth, it is always about the kids. Whatever we personally have going on in our lives gets checked at the door. The time we spend with our children is all about them—what they like, what they are good at, what they need, and what is best for them. Ideally, we want them to always make the best choices for themselves, but rather than telling them what we think is right or desirable, we offer accurate information and the safe space for them to make their own choices.

Second, we are all about creating and maintaining safe physical, mental, and emotional spaces. Safe physical spaces means that the areas are clean and free of dangerous objects or substances. It also means that the adults or older youth in charge are smiling, happy, and attentive. Safe mental spaces means that we recognize the power differential between adult and child/youth, and ensure that power is never abused. And safe emotional spaces means that our children can expect to be cared for, inspired, and affirmed.

And the third and most important thing I stress when explaining how to work alongside our children is that working with people is some of the most important work any of us will ever do. I like to use a quote from Dr. Martin Luther King, Jr.’s quote to stress this point. Dr. King said:

*We must rapidly begin the shift from a ‘thing-oriented’ society to a ‘person-oriented’ society. When machines and computers, profit motives and property rights are considered more important than people, the giant triplets of racism, materialism, and militarism are incapable of being conquered.*

People and our interconnections are what matters most in our world. Let us remember that it is people—not things—that make our world (and our community) a place we want to be.

Jaynn Truran  
Temporary Director of Children’s Religious Education

Here are some places we hope you want to be!

### Family Connection Meet & Greet – Sunday, February 19

All children and families are invited to meet, eat and greet at our monthly Religious Education “Meet & Greet” opportunity. Please bring a sack lunch and utensils and meet on the annex patio between services. The Children’s Ministry Committee is offering new (and easy!) ways to connect with other families, so please join us to get to know other families in our Sunday School and Early Education Cooperative preschool communities!

*continued...*



## From the Staff...

### **Come to Family Camp – February 18-20, Camp Debenneville Pines**

Elementary age campers and families, come join us for a fantastic weekend of treasure hunting up in the mountains! We'll work on a collaborative treasure hunt whenever we're not playing in the snow, sipping cocoa by the fire, or engaging in rousing community worship! This weekend is the perfect opportunity to discover what fantastic gifts we all carry, regardless of age or ability.

Our talented staff of volunteers will provide programming for the weekend, such as sledding, snow man building, arts and crafts, and much more!

Campers grades 3-6 may attend without parents and will be supervised by trained cabin counselors. Rates are \$145 for Adults and Children (K-6), and \$85 for Pre-K Children.

Registration forms are available at [http://www.debenneville.org/camps/2012/PSWD/elem\\_winter/ElemWinter2012.html](http://www.debenneville.org/camps/2012/PSWD/elem_winter/ElemWinter2012.html), or by contacting the Registrar at 909-794-1252 or [registrar@uucamp.org](mailto:registrar@uucamp.org).

### **YRUU Spirituality Conference – February 24-26**

UUCP will be host to high school aged youth from around the Pacific Southwest District for this special weekend of workshops, worship, and other fun activities focused around the theme of “spirituality.” If you would like to help as an adult ally, please let me know. We are looking for very late night/early morning adults to chaperone, as well as help with food preparation or special events. Please contact our adult dean for this event, Jaynn Truran, at [jatruran@aol.com](mailto:jatruran@aol.com) if you would like to help!

**5<sup>th</sup>-6<sup>th</sup> Grade OWL Parent Orientation – Sunday, February 26** at 10:45am, Annex Room D with Jeff Newman and Cynthia Diefert. This orientation is mandatory for parents and families of any youth enrolled in this program. OWL stands for Our Whole Lives and is the age-appropriate comprehensive sexuality curriculum module for this grade level. For more information about the OWL program, please visit <http://www.uua.org/re/owl/>.

### **Youth Sunday – Sunday, April 15**

YRUU will take over the pulpit at 9:30 and 11:15. Mark your calendars!

## From the Unitarian Universalist Early Education Cooperative

Sometimes it's the little things that remind us why we do the things we do. Here are a couple of the little things that happened in January.



In December we reached out to Ear Candy Charity to see if they could help us get our music teacher, Jeffrey Sadow, a new flute. The flute arrived last week. We decided it would be fun for the children to be involved in giving him his new instrument. The children decided he'd have to play the “hot and cold” game to find his present.

We have our 2's class parent meetings on the 2<sup>nd</sup> Thursday of each month. This month prior to the parent meeting, while the children were in class, parents gathered together in the kitchen to gain some new ideas for healthy eating with New Times Food Blogger, Jennifer Woods.





*Teacher Jeffrey with his new flute*



*Jennifer Woods (PreK) and Catherine Desberg (2's) making Artisan Bread in the Kitchen*

Our Preschool exists at the intersection of our mission to build community and a very disconnected world. Here we find our avocation. Early Education is not the primary mission of the UUCP, rather it is something that is done because it contributes to an overall picture.

We hope you'll continue to support our efforts because it really does take a village to raise a child and the UUCP knows how to build villages.

Join us for these UUEEC-related activities in February:

**Thursday, February 2, 9:30-11:00 PM—Community Parent's Group**

This month our topic will be how to understand Love Languages in ourselves, our partners, and our children. All are welcome to attend.

**Saturday, February 11, All Day—Barnes and Noble Book Fair at Desert Ridge**

In your upcoming Compass publications we will include a link to a book fair certificate. A percentage of all purchases made with a copy of the certificate on February 11 will be given to our outreach children's ministries (UUEEC and Kids Camp).

**Saturday, February 25, 3:00-4:30 PM—Lorax Party at Bookman's (19<sup>th</sup> Ave/Northern)**

Join us for the Lorax Party celebrating conservation. We'll be reading stories, doing crafts and spreading the word about the importance of nature play for children. We do need volunteers for this event.

And don't forget enrollment for next year begins at the end of this month, so if you have children of preschool age we invite you to join us for a day of play to learn a little more about the program. You can reach Director KellyAnn at 602-840-8400 x 233 or [eeddirector@phoenixuu.org](mailto:eeddirector@phoenixuu.org).

## Memorial

When we moved to the Phoenix area from the East coast, we brought along a small sculpture that we had commissioned in memory of our deceased 19-year-old son. We debated the best placement of it and finally requested permission that it be put in the Memorial Garden at UUCP. Such a request had not been made before, and after approval of several committees and the Board of Trustees, the sculpture was added to the Garden. We chose a site down the slight hill away from the statues of the martyred girls so as not to take away from that meaningful memorial. Our sculpture is somewhat hidden and, in fact, I suspect that many in the congregation are not even aware of its presence.

In the late 1990s when my wife Hanna approached death, the Congregation's Outdoor Hiking Group, of which she was very fond, placed a bench in the Garden near the sculpture in her honor. After her death, her ashes were placed in the Garden.

Several years ago my step-son Steven Knight, in his 50s, died suddenly. His ashes were also placed in the Garden. Recently, the family had the desire to honor Steve and sought permission to place a teak chair near his mother's bench.

As you can see, we have a long and deep history with the congregation and the Memorial Garden. For us, the Garden is a repository of memory, a connection with the past, solace for the present, and a bolstering for the future.

As you look across the desert landscape to Camelback Mountain, the Garden becomes a place of solitude and contemplation. Is it any wonder that the Garden is so meaningful to my family and me?

You can support the Memorial Garden by making donations to the Garden's account in the UU Foundation. You can honor friends and loved ones—living or departed. You can make a designation in your will for the Garden. There are many projects that need to be undertaken and if you are interested in taking on one of these projects or making a donation to support one, contact Heidi, our Administrator, or Bill Mee, Chair of the Garden Committee.



*Bill with the gifts his family has brought to the Memorial Garden*

You too can use the Garden to revitalize, to restore your psyche, or energize to face day-to-day challenges.

Bill Parker, Kathy Melamed, Kevin Knight, and Keyth Parker

## A Movement for Dignified, Affordable Funerals Began at UUCP

In our country's history, we used to bury our own dead. It was a final loving ritual for the family that gave dignity and closure to all involved. As our country grew, however, we turned this ritual over to mortuaries. Families were told not to worry, that everything would be taken care of, and that their deceased relatives deserved the best, regardless of cost.

Then, more than 60 years ago, Jessica Mitford wrote *The American Way of Death*, a book that raised awareness of the abuses perpetrated by the funeral industry and how much we had lost in the process of commercializing death. A movement began, formed by caring people who work for personal dignity and inclusion of families, along with increased financial control, in preparing for these final rites. This movement culminated in the creation of "Memorial Societies" across the nation.

One of the first of these Memorial Societies was formed shortly thereafter by members of this congregation. A group of 22 community leaders from UUCP and the Phoenix Quaker Meeting met and formed what became known as the "Phoenix Memorial Society." As Memorial Societies evolved, they became known as Funeral Consumers Alliances, and the Phoenix Memorial Society became the Funeral Consumers Alliance of Central Arizona.

These days, Funeral Consumers Alliances are nonprofit organizations dedicated to education and advocacy, and brought together by the desire to ensure dignified and reasonably priced final arrangements. The FCA of Central AZ is still going strong, and UUCP members are still heavily involved in its day-to-day operations. For more information on funeral planning, please see the website for the national office of Funeral Consumers Alliance, [www.funerals.org](http://www.funerals.org), or the FCA of Central AZ website at [fcaofcentralaz.org](http://fcaofcentralaz.org).

Marilou Coy

**These Unitarian Universalists, whose ashes were interred in the Memorial Garden this month in past years, are still remembered...**

Lorry A. Blanksma  
Thomas Richard Fritts  
Margaret Gillespie Harding  
Warren Hastings  
Audrey Ames Kaslo  
Franklin Anthony Klumpe  
Majorie Spear Klumpe  
Dorothy Pollack  
Everett Eller Warner

## Unicare: Unintentionally Lost?

Ebbs and flows in participation and membership are the norms of congregational life; however, as sad as it is, there are times that people disappear from UUCP due to extended illness, changes in circumstances, or moves. We hope that you will inform us if your contact information changes so that you can continue to receive newsletters, emails, phone calls, and visits if you want them. If something happens to prevent you from letting us know where and how you are, we don't want you to be unintentionally lost. We want to find you, stay in touch with you, keep you as a part of our community, if that is your wish, even if you aren't able to get to our campus often (or at all). To that end, I strongly encourage you to complete the Unicare Record you will find in this issue of Horizons. We will keep these records confidentially on file in the UUCP office to use in emergency situations. If we haven't seen or heard from you for quite a while and if you haven't responded to personal phone or email messages, our ministers or authorized members of the Unicare team may also use these records to try to locate you. We want to be sure you're alright.

The reverse side of the Unicare Record contains Memorial Services Directives. Perhaps you aren't ready to think about your memorial service. It's an easy thing to postpone. Still, your family and friends will be most grateful if you have provided them in advance with at least some basic information about your memorial service wishes.

Both these forms are completely voluntary, but I urge you, especially if you live alone, have a serious or chronic illness, or are an older adult, to please at least complete the Unicare Record and make sure it's on file in the UUCP office. We'll all rest more easily if we have this means of looking out for one another if the need arises.

Don't get lost!

Linda  
Rev. Linda Lawrence

### Share the Plate

On February 19<sup>th</sup> our Share the Plate beneficiary will be Kaity's Way, an organization that presents information to teenagers and their allies to promote safe dating relationships and, especially, how to be alert to red flags of abusive relationships. Their mission is to reduce instances of violence among or against children through PEACE (Patience, Empathy, Acceptance, Caring, and Equality). Kaity's Way presented to our UUCP teens and adults on January 15<sup>th</sup>. Further information at [www.kaitysway.org](http://www.kaitysway.org). Thank you for your support of Share the Plate.

## Unicare Record

Unitarian Universalist Congregation of Phoenix  
4027 East Lincoln Drive, Paradise Valley AZ 85253

The following information, provided voluntarily by a member or friend of the Congregation for emergency situations, is kept on file by the UUCP administrator in the UUCP office.

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

### Emergency Contacts

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

### For Access to Living Quarters

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Contact for Pet Care

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Physician (s)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

### Allergies to Food or Medications

\_\_\_\_\_

### Keep a List of Current Medications and Dosage on your refrigerator

I have provided the above information and give my permission for its use in case of emergency.

Signature \_\_\_\_\_

Date \_\_\_\_\_

(You may mail this form to the above address or bring it with you when you attend Sunday service.)

## Memorial Service Directives

The following directives, provided voluntarily by a member or friend of the Congregation is kept on file by the UUCP administrator in the UUCP office.

**The following directives were prepared by:**

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Do you want a memorial service at UUCP?** \_\_\_\_\_

If so, do you have a preference about the following?

**Flowers** \_\_\_\_\_

**Music** \_\_\_\_\_

**Readings** \_\_\_\_\_

**Additional Requests** \_\_\_\_\_

**Do you want a reception at UUCP?** \_\_\_\_\_

Please specify any details \_\_\_\_\_

\_\_\_\_\_

**Request for interment of ashes in UUCP Memorial Garden. (Please refer to Memorial Garden Interment Application available in the Administrative Office)**

*If you wish, please attach directives for your Obituary to this form.*

**I have provided the above information and understand that my wishes will be carried out by those to whom this information is entrusted to the best of their ability.**

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

## Unicare News

We are all responsible for creating a community that cares for its members and friends. To that end, we publish in this newsletter some of the joys and sorrows that are spoken during worship services and other similar news (with permission of the person or family involved). You, dear readers, can follow up with congratulations, condolences, and support if you are moved to do so.

Here's the news from mid-December through mid-January:

- We are saddened by the unexpected death of long-time member Pat Shannon on January 12<sup>th</sup>. Pat had a long year of struggle, was back in rehab, but expected to be returning home when she had an apparent heart attack. We extend our deepest sympathy to Pat's daughter, Diana Ashley, and to her entire family, including Pat's granddaughter, Jill Story, who is our UUCP Office Assistant. Memorial service plans have not, at this writing, been decided.
- We offer our heartfelt condolences to Terry Simmons whose mother died on January 17<sup>th</sup> in Anaheim Hills, CA.
- We are sorry to hear that Jan Kaplan's sister, Gail, was in ICU over the holidays with diabetic ketoacidosis. Jan also has a good friend undergoing chemotherapy. Jan asks us to please maintain a passion, compassion, and activism regarding national health care financing reform including advocacy for healthcare insurance that is not tied to a job or pre-existing conditions.
- We continue to keep Dave and Libby Walker in our thoughts as Dave battles prostate cancer. Libby reports that Dave is responding to treatments and showing some improvement. Glad to hear it!
- We also keep Jean and Mort Rosenberg in our thoughts. Mort took another fall in early January that resulted in a head injury and another visit to the hospital and rehab (he is at Life Care Rehab in Scottsdale at the time of this writing). By the time you receive this newsletter, we hope Jean and Mort have been able to move to their new home in CA.
- We celebrate with Susan Morris and her family that Susan's brother Andrew's recent scan pronounced him cancer-free. As Susan said, "Hallelujah!"
- We wish Paula Kulina happiness in whatever comes next for her and Ernie—more travel perhaps?! After 25 years at American Express, Paula retires on February 3<sup>rd</sup>.
- Longtime and much-loved UUCP member Bernie Hall passed away on January 17<sup>th</sup>. Details are pending regarding a celebration of her life.

We are currently working to restructure our Unicare program. If you are interested in being added to our Unicare email list and taking a more active role in communications, friendship partners, helping with memorial services, or otherwise supporting individuals and families of the UUCP community, please feel free to contact me with your questions or interests. If you are someone who needs some Unicare TLC or has some news to share with the Unicarers or the congregation, please let me know.

Yours in Community,

Linda  
Rev. Linda Lawrence



## Construction Continues!

The 2010 Combined Campaign “Time to make it real!” included a 3-year capital campaign to address the following building needs:

- New restrooms
- Sewer connection
- Electrical upgrades

Construction work continued in January. The sewer line installation is complete and all existing plumbing was switched to the Phoenix Sewer System by December 29, 2011. What a great New Year’s treat!

The construction of the new restroom core has begun. The first picture below, taken from south of the main building looking north, shows the wall of the new addition beginning to rise.



## Ministry and Committee Reports...

The next picture, taken from the main entrance, looks down at the stub walls as the foundation is being prepared to install the under-floor plumbing and utilities.



The third picture shows the west side of the main building where the new electrical service entry station and underground cables are being installed. The west entrance will be blocked for several more weeks.



## Ministry and Committee Reports...

Please watch the Compass weekly newsletter for announcements of construction activity and any facility closures. More important, please look at any information signs when you are on the UUCP campus. Although all efforts are being taken to reduce impact on programs, a certain amount of inconvenience (and dust) cannot be avoided.

Details of the project may be found on the UUCP website at the “UUCP Renovation” tab. Please feel free to contact the Renovation Project Team at [renovation@phoenixuu.org](mailto:renovation@phoenixuu.org) or the office if you have any questions.

Don Weir  
Chair, 2010-12 Renovation Project

## Finance Committee

For the first half of our fiscal year, from July 1 to December 31, 2011, we are still meeting our goal of managing a balanced budget, with a strong positive balance of \$39,259 to date (see Table). Our congregation continues their generous support and we express our appreciation to the members for keeping your pledges up to date. The receipt of \$ 226,964 in pledges at the halfway point of the fiscal year shows the continuing commitment of the members. In comparing the last four fiscal years, this amount is the largest that has been received at the mid-year point of the fiscal year. Also, the tax statements for 2011 are being sent in January; you should be receiving yours soon. If you have questions please contact Heidi Parmenter at the office between 9:00 AM and 3:00 PM Monday through Thursday: 602-840-8400 or [administrator@phoenixuu.org](mailto:administrator@phoenixuu.org).

### UUCP Fiscal Snapshot July 1, 2011 to December 31, 2011

Category	Budget	Year to date actual	Percent
Pledge income	\$ 385,000	\$ 226,964	59.0 %
Total income	\$ 558,500	\$ 319,836	57.2 %
Total expenses	\$ 590,524	\$ 280,577	47.5 %
Net income	\$ 1,512	+ \$ 39,259	It's well in the black!



## Adult Faith Development

Friends, we currently have some wonderful educational offerings at UUCP, and, quite honestly, many of them are full! With an amazing pool of UUCP instructors to draw upon, it would be great if we could offer courses for college credit. If a course you'd like to take is already full, please let the instructor know of your interest. This helps the Adult Faith Development Committee shape upcoming offerings.

- The Transcendentalists, taught by Juli Harvey, explores how this philosophical movement which began in the 1830s shapes not only our UU principles but our nation. Juli leads the group in exploring Thoreau, Emerson, Fuller and others. **The course is full.** Check out the UUCP book table for a copy of the course text: *The American Transcendentalists: Essential Writings*, Lawrence Buell, editor.
- Principled Commitment, taught by Bill Sabatino and Dean Clarke Taylor, offers couples the opportunity to deepen, strengthen, and rejuvenate the quality of how they relate to each other. It is for same-sex and mixed-sex couples, regardless of how long or short a time they have been together. **The course is full.**
- Immigration as a Moral Issue, taught by Marrily Beyreuther, Mary Dokes, and Bill Lace, delves into the complex legal and moral aspects of this very human and too often inhumane issue. After a successful first offering in the fall, continued high interest led to this second series. **The course is full.** To get a sense of the discussion, visit the UUA's "Immigration as a Moral Issue" webpage to see the questions and issues addressed: <http://www.uua.org/immigration/re/moral/152647.shtml>. If you are interested in a possible offering in March and April, contact Sandy Weir.
- Book Discussion Group, led by Terry Simmons, is currently discussing *Thinking, Fast and Slow*, by Daniel Kahneman. A recipient of the Nobel Prize in Economic Sciences, his seminal work in psychology challenged the rational model of judgment and decision making. The group meets weekly during the second Sunday service, 11:00-12:30 in Annex B. If you'd like to take part in a lively discussion, drop in as often as you are able.

David Weaver

## Sexism in Today's Society

Our next Diversity Dinner is Friday, February 17, from 6:00-8:00 PM. Please join us for our potluck dinner and multigenerational discussion of how women in our society are treated differently. Have things really changed in the past 30 or 40 years? Is there still sexism in the workplace and in school? What has been your own experience with this? The evening will be hosted by the Women's Group.

All ages are invited. For the potluck in the Johnson Room, please bring a dish according to this breakout: last names A-F Side Dish or Chips; G-L Dessert; M-R Drinks; S-Z Main Dish. We ask that you bring your own reusable plates, cups, and utensils in an effort to reduce waste. Hope to see you there.

## Traveling 2<sup>nd</sup> Fridays

Curious about Traveling 2<sup>nd</sup> Fridays? Come learn about other cultures and far-off lands as UUCP members and guests share about their adventures in Shanghai, Brazil, and other foreign locales. Join us the second Friday of each month from 7:00-8:00 PM in the UUCP sanctuary.

February 10: *Ethiopia—A Land Of Beauty, History, and Surprises* with Dave Bellama & Nancy McCharen  
The Jews first settled in Ethiopia in 700-800 BC; the Christians came as early as 300 AD (well before going to many parts of Europe); the Muslims came in 700 AD, and all of these were then grafted onto the traditional religions and customs of the region. It all makes for a fascinating picture in a land that claims an imperial monarchy dating back to King Solomon, ancient churches carved from a single piece of rock, a capital 8,500 feet above sea-level, the source of the Nile, its own longstanding alphabet and literature, a 15-year modern Communist dictatorship, and a landscape that ranges from forest to high mountains to agricultural breadbaskets to desert. Come and hear about this unusual land.

Contact Barbara Cawthorne at 480-994-1452 or [thetravellers@q.com](mailto:thetravellers@q.com) with questions. Everyone is welcome! Travel with us the second Friday of the month from January to June.

## Pathway to Membership

Sunday, February 5, 8:45-10:30 AM  
Saturday, February 11, 6:00-8:00 PM

If you are considering membership at UUCP and haven't already registered for the next Pathway to Membership series, please do so right away by contacting Rev. Linda Lawrence at 602-840-8400, Ext. 204 or [assistantminister@phoenixuu.org](mailto:assistantminister@phoenixuu.org). For more information on the program, please refer to the January issue of Horizons available on our website or contact Rev. Linda.

## Invitation to Shine

Saturday, Feb. 11<sup>th</sup>, 6:00 PM

The Membership Committee calls all STARS, Welcoming Ministry volunteers, and Covenant Group participants to help welcome potential new members at the next Pathway to Membership potluck on Saturday, February 11<sup>th</sup>, at 6:00 PM in the sanctuary. Let's form a constellation of interest and care around these new folks and show them what a stellar job of welcoming we can do!

By the way, *all* members and friends of the congregation are welcome to bring their luminous selves to this event. Kids are also welcome to shine with us. Free childcare is available if you register in advance (by Wednesday, February 8).

Please RSVP for the potluck at <http://doodle.com/yvd4658v49pizdv9> or leave a message with your contact information at 602-840-8400, Ext. 204. Rev. Linda will need to know how many from your party are planning to attend, what you plan to bring, and the number and ages of your children if you are requesting childcare.

## Welcoming Ministry Wants You!

Thank You and Training Event

Saturday, February 18<sup>th</sup>

Choose 12:00-2:30 PM or 6:00-8:30 PM

If you believe Unitarian Universalists have good news to share...

If you think UUCP is a great congregational home...

If you want others to have a positive experience when they come to our services...

Please consider giving your time as a Welcoming Ministry Volunteer for at least one service per month (or as often as you can). Our Greeters and Ushers do a lot in a little bit of time to welcome visitors, newcomers, members, and friends to UUCP and to keep Sunday services flowing safely and smoothly. Won't you join us for lunch or dinner and learn how you can be part of our welcoming team? No cooking or cleanup required and we'll have fun!

To RSVP for this event, please leave a message for Rev. Linda Lawrence at 602-840-8400, Ext. 204 (be sure to say whether you are coming for lunch or dinner) or sign up on the doodle link in the Friday online editions of our weekly newsletter Compass.

## New Day Center

The New Day meal is in good hands with Michael Hipps and Merrily Beyreuther as co-leaders following Katie Raife's long tenure in the kitchen. Michael and Merrily are looking for *you* to sign up on the board next to the Social Action table to help shop, cook, serve and bake brownies. It's a great way to make new friends as you help feed families who find themselves in dire straights in these precarious times. Thank you to all volunteers!

## UUSC Guest at Your Table Boxes

Thank you to everyone who participated in GAYT boxes for UUSC. All proceeds will be used by the Unitarian Universalist Service Committee for humanitarian projects in 22 countries around the world. Go to [www.uusc.org](http://www.uusc.org) for more information and to join this esteemed UU organization, begun in 1941 by UUs Martha and Waitstill Sharp in response to the thousands of refugees fleeing Europe at that time.

## Social Action Luncheon

The February Social Action Luncheon will be held on Sunday the 19<sup>th</sup> at 12:30 PM in the Johnson Room. Our guest speaker will be Mitch Klein, CEO of CHEEERS -- yes, that's three E's. CHEEERS is a non-profit, consumer-run, consumer-driven, recovery-oriented behavioral health community service agency that is dedicated to providing strength-based recovery principled services to those adults diagnosed with a serious psychiatric disorder or difficult behavioral challenge. Join us to learn more about this important service to our community, which is enduring severe budget cuts in areas such as behavior health. All are welcome, and a small, voluntary donation for food is appreciated.

## 2<sup>nd</sup> and 4<sup>th</sup> Saturdays Addictions Discussion Group

Did you know the UUA website provides a resource for alternative versions of the 12 steps? For example, the traditional 3<sup>rd</sup> step in AA is “Made a decision to turn our will and our lives over to the care of God as we understood God,” which has been a source of great consternation for many. But in *The Buddhist 12 Steps Of Liberation* the 3<sup>rd</sup> step reads, “The truth of the end of suffering. We came to see that complete cessation of craving and clinging at addictions is necessary.” In the *The 12 Steps for Humanists, Agnostics, and Atheists*, the step reads “Made a decision to entrust our wills and our lives to the care of the collective wisdom and resources of those who have searched before us.” And if step recovery is not your thing, there are many links to alternative recovery programs at <http://www.uuaddictionsministry.org/getinvolved.php>.

The 2<sup>nd</sup> and 4<sup>th</sup> Saturdays Addictions Discussion group meets at 4:30 PM in Annex B. If you have a few months or more of stable recovery from drugs, alcohol, eating disorders, gambling, sex, or shopping—to the name the major addictive behaviors—come join us for safe spiritual check-in and topic discussion. For more details call 602-361-9067 or just drop by.

## We Are One: Crossing Borders as UUs

In preparation for the UUA’s ‘Justice General Assembly’ in Phoenix, AZ (June 20-24, 2012), the Faith Without Borders program and the Unitarian Universalist Service Committee (UUSC) have jointly organized three opportunities for service/ learning trips to the U.S./Mexico border with our partner organization, BorderLinks. Through education, meetings with partners, service opportunities, and theological reflection, participants will grow in understanding the human rights issues at stake on the U.S./ Mexico border and return to their homes informed and inspired to be leaders for Immigration Justice. All Unitarian Universalists (over 16 years of age) are invited to attend one of the April or May trips!

Learn more about how you can join one of the Borderlinks trips to the U.S. border in 2012:  
<http://bit.ly/UUABorderlinks>.

## Abundance in Spirit

How can one person make a difference? If you are active in your congregation, open your heart and hands to offer the gift of community to those who seek it. Practice true hospitality by inviting and welcoming newcomers. Focus your energy on giving of yourself, inspired by hope that springs from abundance. You will make a difference in your life and others. Read more at the Giving Speaks blog: <http://givingspeaks.wordpress.com/>.

## WhaleCoast Alaska 2012

Have you always dreamed of visiting Alaska? Are you curious about the lifestyles of Alaskan UUs? Do you enjoy getting to know your fellow travelers? If so, WhaleCoast Alaska 2012 is for you! Four Alaskan UU fellowships invite you to experience our eco-cultural and spiritual program this summer as we celebrate our 15<sup>th</sup> year! See Alaska through the eyes of local UUs in Anchorage, Fairbanks, Juneau, and Sitka with friendly homestays and unique tour activities. See wildlife, including moose, bear, whales, bald eagles, seals, and caribou. Visit Denali National Park. Experience Native Alaskan culture. Enjoy all that our beautiful state has to offer. Programs led by Dave Frey, member of the farthest north UU congregation. To find out more about your Alaskan trip of a lifetime, visit [www.WhaleCoastAK.org](http://www.WhaleCoastAK.org), email [dfrey@whalecoastak.org](mailto:dfrey@whalecoastak.org), or call 907-322-4966. We would love to share our Alaska with you!



## Celebrations of Life

### 9:30 AM and 11:15 AM

#### FEBRUARY 5: *AUCTION SERMON: BEYOND US AND THEM*

Service Leader: Rev. Susan Frederick-Gray

Richard Plattner won the Auction sermon this year and chose the topic “Us and Them,” an invitation to explore the way humanity tends to divide and classify the world, creating difference and distance between people. However, not everyone divides the world this way. Others push against these divisions seeking unity. Sometimes this is characterized as a difference between liberal and conservative outlooks. Richard asks, do we need both viewpoints (liberal and conservative), those who push through barriers and those who rely on them for the balance and benefit of humanity?

#### FEBRUARY 12: TIME

Service Leader: Rev. Jennifer Brooks of All Souls Unitarian Universalist Church, Kansas City, Missouri  
What is time? Can we make time slow down, or get more of it than we have? This service takes a thoughtful look at science’s current understanding of time, and offers philosophical and spiritual wisdom for managing it.

#### FEBRUARY 19: BLESSING OF THE ANIMALS MULTIGENERATIONAL SERVICE

Service Leader: Rev. Linda Lawrence

This is an opportunity to celebrate our four-legged, web-toed, slithering, furry pet companions and how they enrich our lives. Bring your pets to this service for special recognition. And, if you have a testimony you would like to share about what your pets have meant to you, please contact Rev. Linda ([assistantminister@phoenixuu.org](mailto:assistantminister@phoenixuu.org)). She would love to incorporate multiple voices in this service.

#### FEBRUARY 26: TBA

Service Leader: Rev. Susan Frederick-Gray

To subscribe or receive Horizons via email, please submit your contact info at the visitors’ desk or email [administrator@phoenixuu.org](mailto:administrator@phoenixuu.org).

*President: Jimmy Leung  
Vice President: David Johnson  
Treasurer: Smoot Carl-Mitchell*

*Minister: Rev. Susan Frederick-Gray  
Minister Emeritus: Rev. Ray Manker  
Assistant Minister: Rev. Linda Lawrence  
Executive Assistant to Minister: David Weaver  
Music Director: Connie Jahrmarkt  
Interim Religious Education Director: Jaynn Truran  
Arizona Immigration Ministry Organizer: Sandra Weir  
Business Administrator: Heidi Parmenter  
Administrative Assistant: Jill Story  
Custodian: Manuel Gomez  
Early Education Cooperative Director: KellyAnn Bonnell  
Nursery Supervisor: Tiffany Mendez  
Horizons Editor: Elyse Arring  
Office Volunteers: Larry Agle, Sally Boyd, Bill Parker, Jan Wise,  
Juli Harvey, Tish Gauntt, Sharon Hise, Pauline Peverly, Julie Smart  
and Dorothy LeWin*

## Our Mission

Welcoming all  
in building religious community,  
called to  
share journeys,  
grow in spirit,  
advance justice.



---

Unitarian Universalist Congregation of Phoenix  
4027 East Lincoln Drive  
Paradise Valley, Arizona 85253-3946  
[www.phoenixuuu.org](http://www.phoenixuuu.org)