Unitarian Universalist Congregation of Phoenix



Program Catalog 2013-2014

Welcoming all in building religious community called to



Welcome!

Welcoming all in building religious community called to

share journeys,
grow in spirit,
advance justice.



Rev. Susan Frederick-Gray Lead Minister



Rev. Linda Lawrence Assistant Minister

This is our mission at the Unitarian Universalist Congregation of Phoenix (UUCP). We welcome all people who are looking for a liberal, inclusive religious community. We welcome people and families of all races, cultures, sexual orientations and gender identities.

Key to our mission is creating opportunities for people to connect, share their stories, learn from one another, and build community. Through this and through a vibrant worship life we are all encouraged to grow in spirit. From this place of spiritual health and strength, we are invited to work beyond our walls, sharing our commitment to the worth and dignity of all people through our justice ministries.

In this program catalog, you will find many opportunities to connect, share, grow, and work for justice. UUCP has many avenues for you to get involved and get connected; worship and music, children's ministries, adult faith development experiences, small groups, community nights, and social justice programming. We invite you to attend any classes, activities or events that interest you and discover the difference this community makes.

Welcome to UUCP! We look forward to seeing you around the campus.

Starting Point

Are you new to UUCP? Do you have questions about UUCP and Unitarian Universalism? Starting Point is an informal program especially for you! Meet Rev. Linda Lawrence, our Assistant Minister, by the Starting Point sign in the front lobby any second Sunday of the month. You don't have to sign up. Just show up!

In twenty to thirty minutes, Rev. Linda will answer questions and take you on a brief tour of our campus. She will also give you some tips on the best ways to start making connections at UUCP.

All newcomers are invited to enjoy a Starting Point conversation and tour. If you are thinking about becoming a member of our congregation, we strongly encourage you to attend Starting Point prior to enrollment in a Pathway to Membership program.

Starting Point Times (Second Sunday of every month): 10:45 AM September through April 9:45 AM May through August

Staying Current

This Program Catalog is only one of the ways that we keep you abreast of the many things happening at UUCP. Here are some others:

UUCP *Calendar* of *Events*

The UUCP *Calendar of Events* is available on our website and is can be accessed via a link in our weekly e-newsletter, *Compass*. A printed copy is also available on the back of the *Sunday Announcements* Flyer. If it's happening at or sponsored by UUCP, you can find it on the UUCP *Calendar of Events*.



Compass

Compass is our weekly e-newsletter. It is emailed every Friday. Sign up on our website to receive up-to-date information on upcoming services and events. It includes a link to the UUCP Calendar of Events.

Sunday Announcements

The Sunday Announcements Flyer is our Sunday morning order-of-service insert. Like Compass, it includes information on upcoming services and events. It also includes a printed version of the UUCP Calendar of Events.



Horizons Journal

Horizons Journal is our monthly inspirational publication. It focuses on worship themes, introduces new members, and shares information about nominees for the Board of Trustees and the Nominating Committee.



Facebook

Facebook is our social media presence. It includes thoughtful posts related to sermon topics, our national association, announcements, and UUCP announcements. You can "like" our page from our website.

Contact Jill Story, Office Assistant, for more info on any of these communication tools at 602-840-8400 ext. 201 or <u>jillstory@phoenixuu.org</u>.

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Annual Fundraising Auction
Silent/Live Auction

Food, Drinks, Music

Saturday, December 7, 4:30-9 PM

Email heidiparmenter@phoenixuu.org

Calendar of Events

Sun 12 Starting Point Sundays at UUCP Preschool & Children's Ministry Fall 11 Sat 26 September to May Multi-generational Dia De Los Sun 27 9:30 AM Worship Service **Muertos Service** 9:30 AM Sunday School 10:30 AM Coffee Hour November 2013: Wonder 10:45 AM Book Discussion Group Unicare Luncheon Fri 1 Nov 2 Leadership Development Day 11:15 AM Worship Service Sun 3 New Day Meal 11:15 AM Children's Fellowship Thu 7 Pathway to Membership Starting Point 12:15 AM Coffee Hour Sun 9 Thu 14 Pathway to Membership Multi-generational Thanksgiving Sun 24 Thursday Nights at UUCP Service Thu 28 Thanksgiving Potluck Dinner September to May 6:00 PM Potluck Community Dinner December 2013: Soulfulness 6:30 PM Chalice Kids New Day Meal Sun 1 6:30 PM Small Groups and Adult Faith Sat 7 Auction Sun 8 Starting Point **Development Classes** Fri 20 Preschool Holiday Sing & Feast 2 Christmas Eve Services Tues 24 **September 2013: Connection** (Multi-generational) Sun 1 New Day Meal 18 **Religious Education Teacher** Sat 7 11 January 2014: Integrity **Training** New Day Meal Sun 5 Sun 8 Starting Point 2 Sat 11 **UUCP** Council Meeting Sun 8 Multi-generational In-gathering

11

6

8

8

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Octo	ber 201	2: Hu	ımility

october 2013. Hummity			
Sat 5	"Resilience" Course Begins	9	
Sat 5 -6	Rainbow Festival	19	
Sun 6	New Day Meal	18	

UUCP Council Meeting

Two Services Schedule Begins

Sunday School Program Starts

Small Group Registration Begins

"Living by Heart" Course Begins

"Daring to Dream" Course Begins

Starting Point Sun 12 2 Sun 19 Martin Luther King, Jr. Service (Multi-generational) Winter/Spring Sunday School **Sun 19** 11 **Begins** "Exploring UU Values through Tue 21 9 Fiction" Begins "Faith Like a River" Begins Thu 23 UU Choral Festival at Valley UU Sat 25 16 Congregational Meeting Sun 26 Thu 30 Pathway to Membership 24

Please see the *UUCP Calendar of Events* for a complete listing of events located at or sponsored by UUCP.

20

18

24

2

24

18

3

15

18

Sun 15

Sun 15

Sun 15

Thu 19

Thu 26

Sat 28

February 2014: Loving Kindness New Day Meal Sun 2 18 Pathway to Membership Thu 6 24 Starting Point Sun 9 2 "Couples Enrichment" Begins Thu 6 9 Preschool Registration Opens Mon 10 15 Mon 17 Day at the Legislature 18 Preschool Open House Sat 22 15

March 2014: Joy

Cabaret

Sat 22

Sun 2	New Day Meal	18
Sun 2	"Uncovering Classism" Begins	10
Sun 9	Starting Point	2
Sat 15	Congregational Picnic	
Sun 23	Stewardship Kick-Off	

April 2014: Wisdom

Thu 3	Pathway to Membership	24
Sat 5-6	Pride Parade	19
Sun 6	New Day Meal	18
Thu 10	Pathway to Membership	24
Sun 13	Starting Point	2
Tue 15	Preschool & Kids Kamp early	15
	enrollment discount deadline	
Thu 17	UUCP Council Meeting	
Sun 20	Celebration Sunday	

May 2014: Dignity

Sun 4	New Day Meal	18
Sun 4	Start One-service Schedule	
Sun 11	Starting Point	2

June 2014

•	
New Day Meal	18
Annual Meeting	
Starting Point	2
Kids Kamp	14
General Assembly	
	Annual Meeting Starting Point Kids Kamp

July 2014

, ,		
Sun 6	New Day Meal	18
Sun 13	Starting Point	2

Community Night at UUCP

The UUCP Staff looks forward to your company on Thursday Community Nights. These special evenings are communitybuilding opportunities for people of all ages. Weekly Community Nights begin September



5. We start in the Johnson Room at 6PM with a potluck or you can bring your own sack supper. Everyone is welcome!



5

Chalice Kids activities start at 6:30 to allow adults an opportunity to attend Thursday evening programs. If you have a child two years of age or younger, we do ask that you contact our Children's Ministry Director, Anne Byrne, in advance so that we have appropriate childcare

staffing for our nursery: annebyrne@phoenixuu.org or 602-840-8400, Ext. 233.

Cabaret

Song, Dance, Laughter, Food, and Drink

Saturday, February 22, 2014 6:30 to 9 PM

Contact: Benjie Messer benjiemesser@phoenixuu.org

Small Group Ministries



I like being involved in SGMs, sharing significant and personal concerns and offering the same opportunity for personal growth to

others. I've discovered that the particular topic being discussed isn't nearly as important as the quality of the conversation and the relationships that develop over time.

- John Wilber



Facilitating SGMs is important to me, a teacher, because I thrive on those "aha" moments when people "get it;" through a sto-

ry, through a comment, through a friendship forming, through a risk or mistake, through a moment of silence and private reflection. Being part of those moments of understanding, connection, and discovery, whether I had any part in causing them or not, is amazing grace and why I do it.

- Gary Lawrence



Helping lead these wonderful small groups has become the most satisfying of all my UUCP experiences. SGMs give both newcomers and long-

time members a safe place to explore a whole world of religious issues and spiritual longings, to reaffirm their values, to enjoy mutually respectful communication, and to build lasting friendships.

– Ellie Murphy

Unitarian Universalism is about connection. We are a religion that sees people struggling against a frenzied and materialistic world, a world that often leaves us feeling disconnected from our deepest selves, the beauty and richness of life, and the energy to recognize and serve needs greater than our own. We can work to heal that divide as we meet together in small groups, listening deeply to one another and to our deepest selves, opening to life's gifts, and finding ways to serve our congregation and the wider community.

quality of the conversation and the Small Group Ministries (SGMs) help us become the people we most want to be. How?

SGM's create circles of trust in which people can share, listen, learn and grow. Trained facilitators guide participants in establishing a safe and accepting environment that allows them to explore their deepest values and listen to their inner voices without pressure or judgment. Members speak their own truths and listen respectfully and receptively to the truths of others. They offer each other the healing and empowering gifts of silence, sometimes tears, and often laughter.

Members engage in a covenantal relationship. They commit to honoring a particular format and clear relational guidelines during meetings.

Our SGM's embrace a theology of connection. We support participants' journeys toward a deeper connection with themselves, with others, and with the mystery of life. Through discussion of monthly worship themes and other important topics, SGM's foster a deeper sense of identity as a UU and a deeper sense of connection to the congregation as a whole.

ıst & 3rd Sundays	5:30 - 7:30 PM	Off-site
ıst & 3rd Mondays	7:00 - 8:30 PM	Annex B
2nd & 4th Tuesdays	12:00 - 1:30 PM	Annex C
2nd Wednesdays	12:30 - 2:30 PM	Annex B
3rd Thursdays	9:30 - 11:00AM	Off-site
2nd & 4th Thursdays	1:00 - 2:30 PM	Annex B
3rd Thursdays	7:00 - 8:30 PM	Annex B

Small Group Ministries

Our SGM's offer experiences. As a member of a SGM, you will receive a monthly email from Rev. Susan that addresses the question: What does it mean to live a life of ______ (a different value each month)? You will have the opportunity to engage in one or more "spiritual exercises" related to each month's question. Some of the exercises may be profound or involved while others may be simple and playful. They are options, not requirements, but for those who choose to try the exercises, they may help you to delve deeper into the question or theme.

Our SGM's remind us that Unitarian Universalist is not an "Anything Goes" religion. Rather, our faith dreams of a preferred way for us to live in the world. It challenges us to ask, "What does it mean to live a life with a particular Unitarian Universalist value front and center?"

The group meetings realized our own needs to fin deeper connections - at a time and location that is convenient to us! The

Our SGM's offer service opportunities. Each group decides upon at least one way that their members will together serve the congregation or the wider community.

Our SGM's begin in October. We encourage you to sign up at our website or by contacting our SGM coordinator, Ellie Anderla, at 602-281-6097 or sgm@phoenixuu.org. There will also be opportunities to sign up after Sunday services on September 15, 22, and 29.

Additional groups will be added to the list below. Check the website or contact Ellie Anderla for more information.

Ruth Braunstein and Lydia Yanak

John Wilber and Caroli Peterson

Peggy Paden and Sally McDade

Janet Bickley and Anne Lackey

Linda Lawrence and Ellie Anderla

Ellie Murphy and Ellie Anderla

Gary and Linda Lawrence

Peggy says, "As a facilitator, I enjoy the creativity of picking out topics, questions and readings that I think the group will relate to, and the feedback about how meaningful the group has been to members in different ways." - Peggy Paden

The group meetings realized our own needs to find deeper connections - at a time and location that is convenient to us! The structured sessions guide us into discussions that we would never otherwise have - at Coffee Hour, for instance - and we learn about ourselves and each other in the process.

- Lydia Yanak & Ruth Braunstein



In our SGM we grow and articulate our beliefs in a caring group while developing our own deep listening skills. Along the way we become closer to each other and enjoy our time together. – Ellie Anderla



SGM offers an opportunity to go deeper into the big questions and to exam the spirituality of everyday life. SGM affords participants an opportunity to know others in UUCP at a deeper level – Janet Bickley



Adult Faith Development

We offer a variety of Adult Faith Development (AFD) opportunities – hopefully something for everyone! Some AFD programs are suitable for newcomers or adults who feel they need a refresher in the "basics" of Unitarian Universalism. Other courses help deepen UU identity and spirituality through inquiry and exploration. Some classes are designed to build good relationship and leadership skills. Most provide fodder for lively discussion and community-building among participants.

Besides the AFD opportunities listed below, there may be additional course offerings later in the year. Please watch for more information in our newsletter Compass (weekly, online only) and our Sunday Announcements Flyer. You can also look at our calendar of events online.

Registration & Fees

You may register for Adult Faith Development (AFD) programs online through our website, on Sundays in the office, or by contacting the office. Refunds of registration fees will be made only if the class is cancelled. Unless otherwise noted, the registration fee is \$10 per course, and there is no prorating.

Programming Living by Heart

This is a course for people looking to create a regular devotional or spiritual practice in their daily lives. Participants in this 8 1/2 month course will make time for a regular practice, trying out a variety of forms, with the inspiration of poetry, wisdom-words and scriptures and a particular interest in learning words of your choosing "by heart." This course was created by the Rev. Laurel Hallman, a Unitarian Universalist minister, based on conversations she and Rev. Harry Scholefield (also a UU) had over 25 years about the meaning, value and benefits of sustaining a regular spiritual practice. During class time,



David Weaver



Susan Goldsmith

participants will share learnings and reflect on poetry and practice.

Facilitators: David Weaver & Susan Goldsmith

(<u>davidpweaver@gmail.com</u> or sqoldsmith25@cox.net)

Date & Time: First, third, & fifth Thursdays at 7:00-

8:30 pm starting Sept. 19 through April 17.

Location: Minister's Study **Fee:** \$15, includes materials

Daring to Dream: Conversations on Race, Ethnicity & Culture

"Daring to Dream" is an educational experience for adults wanting to learn the skills and habits needed to create, nurture, and live authentically in a multicultural, multiracial community. Participants work together through a series of two-hour workshops designed to transform how people from



Heidi Singer

different racial/ethnic groups understand and relate to one another in our congregation and beyond. During the workshops, guided by a skilled facilitator, participants explore topics that increase their understanding of race and ethnicity, as well as systemic racism, through sharing formative stories about racial, ethnic, and cultural identity, spiritual reflection, journaling, visual arts, poetry, music, theater tools, simulations, guest speakers, and field trips. This program provides a nurturing place to share personal experiences of race, ethnicity and culture, an opportunity that is rarely available. Participants discover a deeper understanding and appreciation for the impact these factors have on all of us, individually and collectively. Up to 25 Adults of all backgrounds and cultures are encouraged to participate.

Facilitator: Heidi Singer (hmcdonsing@yahoo.com) **Date & Time:** Second & Fourth Thursday evenings at 6:30-8:30 pm starting September 26 through April 24.

Location: Sanctuary

Fee: \$15, includes materials

Adult Faith Development

Resilience

Resilience = bouncing back from life's disappointments. We all face disappointments, big and little, in all arenas of life. What better life skill could we learn, and teach our children, than the art of bouncing back?! Come! Let's explore strategies, tools, and attitudes to help us come back stronger than ever. This workshop is being led by two active UUs who are experienced group facilitators. Joan Gale is a Licensed Clinical Social Worker and Anne Lackey is a Licensed Professional Counselor. Facilitators: Joan Gale & Anne Lackey (joangalei@cox.net or



Anne Lackey

Joan Gale

alackey@cox.net)

Date & Time: Saturday, Oct. 5th, 9 AM - 4 PM

Location: Johnson Room

Cost: \$15, includes pizza and iced tea/water for lunch

Exploring UU Values Through Fiction

Stories touch deep, universal human experiences and call us to evaluate them in the light of our Unitarian Universalist values. The purpose of this course based on short fiction is to make visceral, intellectual, religious, human, and spiritual connections through literature, and share these journeys/experiences with others to enhance



Gary Lawrence

and deepen one's self and improve one's quality of life and living through a broader and better understanding of truth.

Facilitator: Gary Lawrence (<u>wheels54@gmail.com</u>) **Dates & Times:** Tuesdays, Jan. 21 - Feb. 25, 7 - 8:30

PM

Location: Annex B

Fee: \$10

Faith Like a River: Themes from Unitarian Universalist History

Faith Like a River explores the dynamic course of Unitarian, Universalist, and Unitarian Universalist (UU) history—the people, ideas, and movements that have shaped our faith heritage. It invites participants to place themselves into our history and consider its lega-



cies. What lessons do the stories of our Randy Miller

history teach that can help us live

more faithfully in the present? What lessons do they offer to be lived into the future?

Facilitator: Randy Miller (jonmilleruws@yahoo.com)

Dates & Times: Thursdays, Jan. 23 - Feb. 27, 7 - 8 PM

Location: Annex B

Fee: \$10

Couples Enrichment

We are pleased that Sam Kirkland and Michele Morgan will again present this year's couples workshop. We have successfully presented this class for three years. It is open to all who are in a committed relationship.



Michele Morgan Sam Kirkland

This is a workshop for couples who want to work on their relationship, regardless of how long they have been together. You will explore how to relate to each other and strengthen and rejuvenate your connection to each other. Topics will include healthy communications, respecting differences, resolving conflicts, healing past hurts, relating to your larger community and others. There will be a discussion of each topic, couples will then discuss questions between themselves and have a follow up group discussion. As you explore good couples relationships, you will also explore how to apply the 7 principles of UU to create a more compassionate and deepening connection to each other.

(see next page)

Adult Faith Development

Facilitators: Michele Morgan & Sam Kirkland

(skirk56@aol.com)

Dates & Times: Thursdays, February 6 - March 13,

6:30 PM to 8:30 PM

Location: rotates between Annex B & Sanctuary

Fee: \$15 per couple, includes materials

Uncovering Classism

This course explores historical events and trends that have led Unitarian Universalist congregations to serve primarily upper middle class, educated, professional people. Using the book Elite: Uncovering Classism in Unitarian Universalist History by the Rev. Mark W.



Gene Cherry

Harris (available from Skinner House Books or at amazon.com), participants will traverse the centuries of Unitarian, Universalist, and Unitarian Universalist history in the United States through the lens of these questions: Who are we? What do we believe? Who is welcome to belong with us? This background and our discussion will give us a context for considering how we can become more welcoming to a wider diversity of people. Note that you do not have to have read the book to participate in the course.

Facilitator: Gene Cherry (<u>escherry@juno.com</u>) Dates & Times: Sundays, March 2 -16 2014,

9-10:30 AM

Location: Annex B

Fee: \$10

Book Discussion Group

The Book Discussion Group meets year-round on Sunday mornings in Annex B. From September 15th through the end of April, they meet from 11 AM to 12:30 PM Over the summer, they meet from 9 AM to 10:15 AM. Many topics are explored, including Humanism, Science and Religion, World Religions, Spirituality, UU History, and Mythology. Please watch for more information in our newsletter, Compass, (weekly, online only) and our Sunday Announcements Flyer. You can also find more information on our Calendar of Events online.

Addictions Discussion Group

This addictions support group meets to discuss various compulsive and addictive behaviors. We provide a safe haven to discuss how our week has been and to talk openly about our spiritual beliefs. It is designed for those with stable recovery (we ask for 6 months of sobriety). Behaviors that qualify for the group are compulsive gambling, sex addiction, alcoholism, drug addiction including prescription pills, eating disorders including overeating, bulimia and anorexia, compulsive shopping, and workaholism. Your anonymity will be protected. The group is not appropriate for co-dependency or family and friends of addicts. We are not affiliated with any 12 step program, do not pass the basket, and do not say the Lord's prayer. Our only ritual is the lighting of the chalice. The only rule is to keep what we hear here here - hear hear! For more information, call Gene at 480-361-9067.

Leadership Development Day

Lay leadership is an extremely vital component of the congregational life and spiritual life of the UUCP. We, the members of the UUCP contribute to the community not only financially, but also in time and talent. Leadership Day is an annual event sponsored by the Nominating Committee to facilitate, support and recruit continuing and new lay leaders, please join us.

UUCP's Children's and Youth Ministries build on a rich heritage at UUCP that exemplifies our seven UU principles. Children and youth are encouraged to explore and experience kindness, the search for truth, social justice and community building. Programs include a weekday cooperative preschool, Sunday activities and religious education for babies through high school students, summer Kids Kamp and Chalice Kids, offered in conjunction with Thursday Community Nights. Anne Byrne is our Director of Children's and Youth Ministries. We encourage you to contact her to learn more by emailing annebyrne@phoenixuu.org or calling 602-840-8400 x233.

Religious Education



Nurturing and encouraging the search for meaning and compassion are central to UUCP's religious education programs, which serves babies through high school youth. During Sunday services, young children are cared for in our nursery and preschool classes. Children aged 4 – 12 begin their Sun-

Director Anne

day mornings in services with the opening hymn, covenant, greetings, and Together Time- a lesson for all ages. The children then disperse to grade-level classes where they explore kindness, spirituality, UU history and heroes, social justice and other topics designed to encourage thinking and values formation. Our children's Sunday School program utilizes the Unitarian Universalist Association's Tapestry of Faith curriculum,

https://www.uua.org/re/children/index.shtml.

Our formal religious education programs are offered during the first service from 9:30 to 10:30 AM from September through May. Care is provided for children during the second service and special summer fun activities are offered during the summer.

Parent Expectations

Our religious education programs for children and youth embrace a cooperative model taught by volunteer teachers with assistance from other parent volunteers. Upon registration and throughout the year, each family will be asked to volunteer in the classrooms on multiple occasions.

Share Your Gifts –Volunteer to Teach Sunday School!

Parents and other congregational members are invited to lead classes during both services. In the first service, children are grouped by grades and utilize curriculum developed by the UUA. Second service classes are multi-age and informal. Training is provided and on-going teacher support is provided. If you are willing, able, and interested in teaching Sunday School, please contact Director Anne.

Registration & Fees

The fee for our regular religious education program is \$40 for the first child and \$20 for each additional child annually. The Middle School OWL program is \$300/youth. You can register online through our website or on Sundays in the office.



Exploration of our desert home in Sunday School.



Toga girls explore the origins of democracy in ancient Greece in Sunday School.

OWL

This year UUCP will offer Our Whole Lives (OWL) Sexuality Education program for youth in 5th and 6th grades (eight week program in spring) and the comprehensive nine month program for 7th and 8th grade youth. OWL examines topics such as values and sexuality, communication and decision making. It is a holistic program that moves beyond the intellect to address the attitudes, values, and feelings that youth have about themselves and the world. For more information on OWL, please visit https://www.uua.org/re/owl/index.shtml

YRUU

Our high school group, Young Religious Unitarian Universalists (YRUU) meets regularly on Sunday mornings for worship, fellowship, and all around fun! The YRUU group follows a small group ministry format with topics chosen and led by the group. This group also participates in Pacific Southwest District events such as attending mini-conferences, camps and District Assembly.



Teenage Counselors add value to Kids Kamp.



Performing at Kids Kamp teaches confidence.

Multigenerational and Youth- Led Services

Throughout the year we offer several all-ages and youth-led services designed to appeal to all the members of the congregation, young and old alike. We start the church year with the Ingathering Water Service in September and end with the Religious Education Service where we celebrate our Sunday School programs.

Multigenerational Services

Here are some multigenerational service highlights: September 8 – Ingathering Water Service. Congregants are invited to bring water (symbolic or actual) from their summer travels to combine together and pour into the statue pool in our memorial garden.

October 27 – All Souls/Dia de los Muertos. Celebrating and honoring those who have left us, we decorate the sanctuary and have been known to form a parade. Bring pictures of loved ones to display on our multiple altars.

November 24 – Thanksgiving. Our traditional bread sharing services invites members to bring bread or other grains from their heritage and family backgrounds to share with the congregation.

December 24 – Christmas Eve. We create a Christmas pageant at the 5:30 PM service, engaging members of all ages.

Other multigenerational services may include Martin Luther King celebration, Love, Easter, and Blessing of the Animals.

Youth-Led Services

Our YRUU (Young Religious Unitarian Universalists) high school group leads a service each year, sharing their talents and insights with the congregation. Religious Education Sunday provides the opportunity for our younger children to share their Sunday School experiences.



UU Kids Kamp

UU Kids Kamp was founded at UUCP in 1976 as a children's summer camp for kids from 3 to 12. Based upon UU Principles, it is open to UUCP members and the wider community. Children ages 3 to 6 participate in the preschool and kindergarten programs which include free play, water play, art, cooking, drama, and sand play activities in two self-contained classrooms. The older children rotate between classes that include water play, drumming, sports and games, crafts, cooking, dance, drama, and yoga. Campers are assigned to "tribes" and led by teenage counselors, many of whom are Kids Kamp alumni. Our Kids Kamp is a wonderful melding of all the different communities found on the UUCP campus and is a fun, engaging, and high energy summer camp. Starting in 2013, a new counselor-in-training program was introduced, expanding service to include middle school youth.

Dates: Monday, June 2th – Thursday, June 26, 2014 **Time and Days:** Campers attend Monday-Friday from 8:30 AM to 1:30 PM, with optional after care until 5:30 PM

Registration opens in January!

There is a Discount for UUCP members enrolled in Sunday school programs and for early registration before April 15. For more information or to enroll your child, contact Director Anne.



The final Kids Kamp performance is spectacular!

Chalice Kids, Parents' Nights Out, and Childcare

Chalice Kids is the children's activity program held during Thursday night Community Nights. While parents are engaged in classes, meetings or socializing, children participate in a highly engaging childcare program with crafts, experiments and activities to prepare for multigenerational services. Chalice Kids gets underway every Thursday at 6:30 PM after Community Nights dinner.

In conjunction with our UU Early Education Cooperative preschool, monthly Parents' Nights Out is offered once a month on a Friday night. The cost is \$25 for the first child and \$15 for each additional child. Watch *Compass* for dates and details.

Regular childcare is provided every Sunday starting one hour before the first service so parents can attend meetings and prepare for services. Childcare is also provided every Wednesday during choir rehearsal.



Arts and Crafts in Sunday School

UUEEC Preschool

Fifty years ago, UUCP parents founded the Unitarian Universalist Early Education Cooperative Preschool (UUEEC) to serve families with young children. Now serving children from the congregation and the community as a whole, our approach is a play-based learning environment that promotes all aspects of a child's development—cognitive, social, emotional and physical. Parents participate as classroom assistants on a regular basis and support the school's operation through work days, special events, parent education, fundraising and other activities.

Our experienced, highly qualified staff of early educators creates wonderful learning environments for young children celebrating each developmental stage. The UUEEC operates from September through May, with open houses and play dates throughout the year. Here are the class details:



Active play helps develop motor skills.

2's Toddler Program: Tuesdays and Thursday, 9:00-11:30AM

3's Preschool Program: Monday, Wednesday and Friday, 9:00-12:00 PM

Pre-Kindergarten Program: Monday – Friday, 9:00-12:00PM

Lunch Bunch Extended Day: Monday – Friday, Until 2:30PM

Visit www.uueec.org for more information on registration or to schedule a visit.



Halloween is a favorite time at UUEEC!



Adventures with Papier Maché

Music Ministries



Benjie Messer Music Director

Listening to and making music quiets our minds and heightens our senses. Through music we express ourselves and connect with those around us. At UUCP, everyone is invited to listen to and make music together. We are a community where members can find their musical voice and where a vibrant diversity of music is enjoyed,

honored and supported. To get involved with music at UUCP, please contact our Music Director, Benjie Messer, at benjiemesser@phoenixuu.org.

Congregation Choir



Connie Jahrmarkt Choir Director

Congregation Choir is open to adults and high school students. We rehearse every Wednesday from September through May from 7:00 to 9:00PM, and perform at Sunday services two or three mornings each month as well as other occasional special events. We sing challenging music in many languages, so the ability to read music at an elementary level is essential. Singing and socializing together creates a close com-

munity. You can expect to be welcomed warmly into the Congregation Choir! Contact Choir Director Connie Jahrmarkt at conniejahrmarkt@phoenixuu.org.



One Breath vocal ensemble



Family Choir

Family Choir is a special group for singers of all ages and abilities. We perform at the multi-generational services in November and April, and rehearse during the two weeks before each service. To get involved in choirs at UUCP, contact choir director Connie Jahrmarkt.

Youth Band

The Youth Band is a new ensemble open to UUCP youth. We include both instrumentalists and vocalists. We will perform occasionally in Sunday morning services, and rehearse on a schedule to be determined. Contact Benjie Messer to get involved in this exciting new group.

Outreach Music Ministry

Outreach Music Ministry visits our members and friends convalescing at home or in a care facility and fills the room with beautiful song to heal the heart. To get involved in this group, please email Jerry Whalin at outreachmusic@phoenixuu.org or call him at 480-990-3097.



Jerry Whalin

Sound Volunteers

Sound volunteers provide invaluable audio support during worship services and for special events. We are always happy to train more people in how to run sound! To get involved, contact our chief sound engineer, Nathan Greene, at nathang@imaginology.com.

Music Committee

The Music Committee meets occasionally to help organize and coordinate major musical events and initiatives at UUCP. If you want to get involved, please contact chairperson Diana Ashley at music@phoenixuu.org.



Diana Ashley

Richard "Duke" Plattner and Susan Morris

Instrumentalists

Many members of the congregation who play instruments enjoy performing occasionally in Sunday morning services or for special events. Contact Benjie Messer to get involved as an instrumentalist!

Music for Private Services

Members who want music for private services at UUCP, such as weddings and memorial services, are welcome to contact our Music Director Benjie Messer. He is happy to consult with members about music at their events, to provide professional musicians on any instrument (piano, organ, strings, flute, guitar, brass, harp, vocal soloists, choir, etc.) and in any style, and to fulfill even the most unusual musical requests.





Igor Glenn and Emily Helton-Riley at the Annual Auction

Social Justice Ministries

Our mission calls us to "walk our talk," to put our faith into action in the world by taking actions to advance justice. Many of our Seven Principles, our core values, relate to building a more just and equitable world.

Some of our justice projects have included support of UMOM New Day homeless center in Phoenix, the Circulo de Amigas Center for girls in Jinotega, Nicaragua, the Booker T. Washington Head Start in Phoenix, the ANSWER Nepal education program for lower caste children in Nepal, and LGBTQI, environmental, legislative, and health care issues. We have historically participated in the Pride and Rainbow Festivals with other UU congregations in the valley. Watch our website and check out our newsletters for updated information about social justice-related events. For more information please email socialjustice@phoenixuu.org.

Share the Plate Ministry

Every month since 2008, UUCP has "shared the plate" by donating one week's Sunday service offering to a non-profit 501(c)(3), tax exempt charitable organization (or a foreign charity that would be tax-exempt if it were in the U.S.) that benefits our community. Our congregation has achieved significant publicity simply by our effort to "put our money where our spirits and social conscience are."

Please consider nominating an organization you are affiliated with, and/or encourage community contacts to take advantage of this great UUCP ministry by self-nominating. The mission, purposes, and



Betsy Kammerle, Jan Kaplan, And Bill Mee

practices of the organization must be aligned with those of UUCP. Recipients must have some connection to UUCP through shared work, affinity, or other UUCP support.

To nominate an organization to receive the collection, complete the online application form found on our UUCP website www.phoenixuu.org > Social Justice Ministries > Share the Plate. For more information, contact the Share the Plate Committee at sharetheplate@phoenixuu.org, or members of the committee: Betsy Kammerle (Chair), Bill Mee, or Jan Kaplan.

New Day Meal

Each month, on the 1st Sunday, our congregation serves a delicious meal to the residents at the New Day Homeless Shelter (approximately 125-150 residents.) UUCP has been sharing this nourishing gift for 15 years. The meal is served at 4PM at the New Day Center at 32nd St and VanBuren by 5-6 UUs. If interested



Michael Hipps

in helping, please sign up on the board near the social action table in the back of the sanctuary. You can email Michael Hipps at newday@phoenixuu.org with questions.



Community Witness Event

Pride Parade and Rainbow Festival

We are proud to be able to introduce a liberal religious tradition to many people who may be hearing about UUism for the first time and to LGBT individuals and families looking for a religious home.

Every year the LGBT community in the Phoenix area sponsors two community events to celebrate and to reach out to the LGBT community. UUCP has a proud history of reaching out to this community by marching side by side with other people in the Phoenix Pride Parade and by sponsoring a booth at the Pride Festival which is held at Steele Park. Pride Parade weekend this year will be April 6 and 7th.

We also staff a booth at the Rainbow Festival in the fall which is a smaller event held in Downtown Phoenix. This year Rainbow Festival will be October 6 and 7th. At our booth, we answer questions and hand out information about Unitarian Universalism, and we provide contact information for the four UU congregations in the Valley.

Arizona Immigration Ministry (AZIM)

UUCP has been actively involved in humane immigration reform, particularly since the introduction and passage of Arizona SB 1070. Rev. Susan, former AZIM Organizer Sandra Weir, and others worked long and hard to bring UUs from around the country together in Phoenix for our "Justice General Assembly" in June of 2012. During the planning of that event, relationships were established with several partner groups that advocate for migrant workers and their families. During the week of the 2012 General Assembly, thousands of UUs participated with some of these partners in learning, witnessing, and taking actions in support of humane immigration reform.

Our congregation has been the home of Arizona Immigration Ministry for the past two years, an effort focused upon getting involvement from UUs state-wide. During the 2013-14 congregational year, Rev. Susan will be deciding how we can best go forward with this important ministry. If you are interested in being involved in this work, please email Rev. Susan at socialaction@phoenixuu.org .



Standing (and sitting) on the Side of Love.

Pastoral Ministries

Honoring rites of passage allows us to find deeper meaning during life's transitions. Our ministers offer wedding services, memorial services, and child dedications for members of the congregation. Rev. Linda can sometimes officiate for nonmembers or refer you to other Unitarian Universalist ministers who may be able to officiate for rites of passage. While Rev. Susan and Rev. Linda do perform wedding ceremonies for all couples regardless of sexual orientation, they have taken a stand not to act as agents of the State of Arizona by signing marriage licenses. They will not legally marry people until they can do so for same-sex couples.

Unicare

Our Unicare Coordinator, Ceyshe' Napa, works closely with our ministers to coordinate pastoral care and congregational support to members and friends during times of need. Ceyshe' maintains a Unicare email address that allows people to request support. She also manages an email list of volunteers in order to communi-



Ceyshe' Napa

cate care requests and updates. If you are in need of support or wish to be on the Unicare email list as a volunteer to help others with cards, calls, visits, or other needs, please email Ceyshe' at unicare@phoenixuu.org or call the congregation office.



Ruth, Ceyshe', Rev. Linda, and Barbara

Friendship Partners

Friendship Partners is a sub-committee of UUCP's Unicare outreach ministry. Active volunteers in the congregation are partnered with homebound members who have physical or health restrictions, curtailing their mobility. The active Partner is a special friend who makes a monthly visit or call to his/her assigned Friend. Together, Friendship Partners may also enjoy



Ruth Braunstein

outings, such as lunch, movies, or shopping together. The Partner may also wish to send cards on special occasions or postcards while on vacation. Please contact Friendship Partners' Coordinator, Ruth Braunstein at (480) 443-1617 or email candrmb@cox.net if you are interested in participating in this meaningful program or if you would like to have a Friendship Partner.

Memorial Services

Memorial Services are an important part of our celebrations of life in the Unitarian Universalist tradi-

tion. After our ministers meet with a family following a death, they call upon our Memorial Services Coordinator, Barbara Berg, to provide that family with additional support and to give them helpful information regarding the details of memorial service and reception planning. Barbara arranges to have Unicare volunteers assist at memorial services by greeting guests, s



Barbara Berg

memorial services by greeting guests, serving as ushers, and helping with set-up and clean-up.

Circle Dinners

Circle Dinners are monthly small dinners held in members' homes from October through May. They are designed to provide an avenue for newer and long standing members to gather in a casual environment to share good food and conversation. The dinners are an excellent way for new members



Mary Wilber

to meet others who have been in the congregation for a while. For more information, contact Mary Wilber at <u>circledinners@phoenixuu.org</u> or call her at 480-473-1150.

Job Club

The mission of the UUCP Job Club is to provide support and professional expertise to the unemployed and those making career transitions. Support is provided individually through consultation and sharing or through a group when there are enough people desiring a group experience. The Job Club also assists unemployed people with part time work from members of the congregation needing assistance with carpentry, plumbing, electrical work, caregiving, pet-sitting, and house-sitting. Call Pauline Peverly at 602-274-8342 or Larry Agle 602-374-4623, or reach both by emailing jobs@phoenixuu.org.



Pauline Peverly



Larry Agle

Outdoor Group

The Outdoor Group is a recreational and social group that meets the second and fourth Saturday of most months, plus New Year's Day, to share an outdoor experience, primarily hiking. We welcome and encourage new members to participate. Email George Karas and Julie Smart at outdoorgroup@phoenixuu.org.

Poetry Coffeehouse

Poetry Coffeehouse is a forum for congregation members and friends who write and or enjoy poetry. On the first Sunday of each month we meet in room C of the annex (check the UUCP Calendar of Events for exact times.) Our purpose is to read, encourage and appreciate poets and other writers. It is a small group ranging from 4 to 8 in attendance. Once a year we publish a journal, Poikilos, which means many colors in Greek, and celebrates the wonderful variety of writing by members and friends of the congregation. Included are poetry, fiction, essays and any form of creative writing. Contact Tish Gauntt 602 992-1563 or email Ann Bixel at poetry@phoenixuu.org.

Traveling 2nd Fridays

This activity group meets on the second Friday of each month from January to June at 7 to 8 PM at UUCP. We share travel experiences with slides, pictures, stories, souvenirs, etc. Each month a different presenter invites members to join an armchair visit to a new locale. Email Barbara Cawthorne at travel@phoenixuu.org or 480-994-1452.



Barbara Cawthorne

Sewing and Craft Circle

The Sewing and Craft Circle meets monthly to make simple clothing, knapsacks, quilts, stuffed animals, caps, shrugs, and lap blankets to help others. Most recently the group sent children's dresses to Haiti and has started making knapsacks for children being removed from their home by Child Protective Services. Circle members machine or hand stitch, knit, crochet, and embroider. However, crafting skills are not required. We always need help cutting out fabric and organizing supplies. Usually the group works together in the Johnson Room one Saturday each month on a drop in basis between 11 AM and 4 PM. For more information, contact Paula Adkins at 602-999-5004 or sewing@phoenixuu.org.

Activity Groups

Saturday Meditation Group

This group is limited to about twelve members. It met through out the year at 10 am. on most Satur-

days. After ten minutes of getting together we sat in a circle on chairs around a low table in meditation for 10 minutes. A guided meditation for the first few minutes was provided. Later a memory of common interest that brought back positive and introspective thoughts was suggested as a



Jay Alagia

topic of sharing. Most of the members took turns to express their personal experiences. A fifteen minute silent meditation followed. Then we moved to the kitchen for food and fellowship. We returned to the meditation room and did a twenty minute meditation to end the program at 12 noon. Once in a while we did something different such as a field trip or drumming. Contact Jay Alagia at jayalagia@gmail.com or 602-952-8889 to RSVP

Open Art Studio

Weekly gathering of experienced artists to paint, "show and tell" and develop community. Meets most Wednesdays from 8AM to noon in the Johnson Room. Contact Jay Alagia at <u>jayalagia@gmail.com</u> or 602-952-8889.

Walking Poets' Group

Weekly 3.5 mile walk in 1.75 hours with stops to enjoy the views and poetry through the Phoenix Mountain Preserve northeast of Northern Avenue and 16th Street. Meets Friday mornings at 6AM in the summer and 7AM in the cooler weather. Contact Jay Alagia at jayalagia@gmail.com or 602-952-8889.

Activity Group Application

Activity Groups must apply for recognition if they wish to use the UUCP Campus or be included on the Calendar of Events. For more information about the application process, contact Jill Story at jillstory@phoenixuu.org or 602-840-8400 x201.

SAWUURA

Do you seek the quiet of the backcountry, a quiet punctuated only by the sound of the wind in the trees and bird song? Do you want to see the banner of the Milky Way strung across the night sky? Can you imagine warm days and cool nights nearly year round? Can you imagine the peace of camping alone with your family in a forested valley or together with other UUs and friends? Then welcome to SAWUURA. Located five miles south of Young, Arizona at an altitude of 5500 feet, SAWUURA is a beautiful 109 acres of wilderness nestled in the heart of the Sierra Ancha Wilderness and surrounded by thousands of acres of national forest. Driving time from either Phoenix or Tucson is approximately 4 hours.

Tent sites and small camper sites are nestled in the trees close to the creek bed. Picnic tables and shade awnings are provided in a central gathering area. There are four primitive cabins and a gravity-fed water system that brings water to sinks and solar showers near the campsites.

Membership is open to those who are members of a Unitarian Universalist congregation, and organizations affiliated with such congregations, and who subscribe to and support the purposes, goals, and philosophy of SAWUURA.

For more information, visit the SAWUURA website at www.sawuura.org or contact Heidi Parmenter at heidiparmenter@phoenixuu.org.



Camp de Benneville Pines

Camp de Benneville Pines is a retreat and conference center located in the Barton Flats area of the San Bernardino National Forest, about 90 miles east of Los Angeles. At an elevation of 6,800 feet, the camp is surrounded by a forest of towering pines, cedars, and oaks. We are affiliated with the Pacific Southwest District of the Unitarian-Universalist Association and welcome people of all faiths who want to use our facility for programming compatible with our philosophy of respect for the interconnected web of life and for the worth and dignity of all human beings.

Our facilities include a beautiful heated swimming pool (open in season), a hot tub, children's playground, an archery range, and opportunities for many outdoor sports in season including hiking, snowshoeing, sledding, as well as fishing and canoeing in nearby Jenks Lake. Our cabins are all equipped with modern bathrooms and hot showers, and offer comfortable sleeping quarters. Delicious meals are prepared by our talented kitchen staff and served in our main lodge.

We currently host youth and family camps, church weekend retreats, yoga camps, music camps, art and photography camps, performing arts camps for youths (through our affiliation with Camp Bravo), adult summer camps and many more. Call us at 909-794-2928 or email uucamp@aol.com to find out if we are right for your next camp retreat or conference.



Exploring Membership

Pathway to Membership

Our Pathway to Membership (PTM) program offers an opportunity to meet others who are new to Unitarian Universalism and/or new to UUCP. We encourage all PTM participants to attend a Starting Point program (page 2) and regularly engage in a Small Groups Ministry, an Adult Faith Development class, or another congregational group before enrolling in PTM. We have scheduled three PTM programs this year in conjunction with our Thursday Community Nights. Participants meet in the Johnson Room for dinner at 6 PM and then stay for the PTM program that begins at 7 PM. Free childcare is available starting at 6:30 PM.

During the two sessions of the PTM series, participants have a chance to ask questions, share their personal religious/spiritual journeys, and interact with UUCP leaders, members, friends, and others who are exploring membership. They receive a packet of important information, watch a short video of UU history, and learn about UUCP's mission and the benefits and responsibilities of membership.

There is a joining ceremony at the end of the second session. There is no pressure to join, but we do encourage everyone to stay for the ceremony. It is always inspiring to hear people's stories about their reasons for signing the Membership Book, their hopes for their involvement here, and what they desire to give and gain through formal affiliation with the congregation.

This year there will be a third optional session for PTM participants. Each group will be notified of their third session by special invitation. The third session gatherings will allow people to reconnect Jenny Jones Moats with their PTM group members, and they will give staff and Membership Committee members an



Membership Committee Chair

opportunity to learn how things are going for our newest UUCP members and friends. At this time, facilitators will also try to answer any questions that may have come up since the last PTM class.

To register for one of the Pathway to Membership programs, contact the UUCP office at 602-840-8400 x200 or sign up at the Welcome Table in the foyer on any Sunday morning. You will get a phone call or email a week or two before the series begins to confirm your plans to attend. There is no fee to participate in this program.

Dates: Thursdays - Nov. 7 & 14, Feb. 6 & 13, April 3 &

Time: Dinner - 6:00 PM, Program - 7-8:30 PM

Location: Johnson Room

Online Information for Members

Members of UUCP can now register for classes, check their pledge statements, and view the Membership Directory online! Visit our website at www.phoenixuu.org and click on the link in the menu "Information for Members." This will bring you to the page where you can click on a link to the members only site For your first time you need to click on the link next to "Need a login?" and follow the instructions to set up your member login.

Have a smart phone? You can now use the above login to access the online UUCP membership directory and calendar of events on your cell phone. Download the app "ChurchLife" in your marketplace.

Stay tuned for updates as we release other exciting functions in our member-only site!

Board of Trustees



President Linda Bellantoni president@phoenixuu.org



Secretary Bill Snowden board@phoenixuu.org



Trustee Gene Harvey board@phoenixuu.org



Trustee Michele Morgan board@phoenixuu.org



Youth Co-Representative Jenna Bellantoni board@phoenixuu.org



Vice-President Glen Lockwood board@phoenixuu.org



Treasurer
Diana Ashley
board@phoenixuu.org



Trustee Sarah Montgomery board@phoenixuu.org



Trustee
Jim Sorgatz
board@phoenixuu.org

Youth Co-Representative Ryan Featherston board@phoenixuu.org

The Board Wants to Hear from YOU!

All members are welcome at Board of Trustees and Governance Working Group meetings. We also encourage you to email the Board at board@phoenixuu.org or approach Board members when you see them around campus.

Volunteer Leadership

UUCP COUNCIL

Chair sc14362@yahoo.com Sarah Carlson

INFRASTRUCTURE COMMITTEES

Building & Grounds maintenance@phoenixuu.org Bill Mee rightrelations@phoenixuu.org Joan Gale **Right Relations Ministry**

Stewardship & Capital stewardship@phoenixuu.org **TBD**

Campaign

Finance finance@phoenixuu.org Iim Allen

Publicity publicity@phoenixuu.org Mat Montgomery

nominating@phoenixuu.org Jimmy Leung **Nominating** Membership membership@phoenixuu.org Jenny Jones

PROGRAM COMMITTEES

TBD Adult Faith Development AFD@phoenixuu.org

addictionsministry@phoenixuu.org Addictions Ministry Gene Harvey

Children's Ministry CM@phoenixuu.org **Noel Arring**

Eritrean Refugee Initiative ERI@phoenixuu.org Libby Walker

MultiCultural Advisory Jimmy Leung, Laida Restrepo

Music music@phoenixuu.org Diana Ashley

Glen Lockwood Sanctuary Team sanctuaryteam@phoenixuu.org

Share the Plate sharetheplate@phoenixuu.org Jan Kaplan, Betsy Kammerle, Bill

Mee

Small Group Ministry Ellie Anderla SGM@phoenixuu.org Unicare

unicare@phoenixuu.org Ceyshe' Napa

UUEEC Committee Christina Chambers, Lisa Paine uueec@phoenixuu.org

Worship Associates worshipassociates@phoenixuu.org Karin Quinn

ACTIVITY GROUPS

circledinners@phoenixuu.org Circle Dinners Mary Wilber

Job Club jobclub@phoenixuu.org Pauline Peverly, Larry Agle outdoorgroup@phoenixuu.org George Karas, Julie Smart Outdoor Group

Paula Adkins **Sewing Circle** sewing@phoenixuu.org

Traveling Fridays travel@phoenixuu.org Barbara Cawthorne

Poetry Coffee House poetry@phoenixuu.org Ann Bixel, Tish Gauntt

Meditation Group, Walking jayalagia@gmail.com Jay Alagia Poets, Open Art Studio

UU FOUNDATION

Richard "Duke" Plattner Chair rsplattner@gmail.com

Staff Directory & Campus Map



Lead Minister Rev. Susan Frederick-Gray 602-840-8400 x203 • Office 21 susanfrederickgray@phoenixuu.org



Music Director Benjie Messer 602-840-8400 x234 benjiemesser@phoenixuu.org



Director of Children's Ministry Anne Byrne 602-840-8400 x233 • Room 9 annebyrne@phoenixuu.org



Office Assistant
Jill Story
602-840-8400 x201 • Office 1
jillstory@phoenixuu.org



Assistant Minister Rev. Linda Lawrence 602-840-8400 x204 • Office 20 lindalawrence@phoenixuu.org



Choir Director Connie Jahrmarkt 480-970-8807 conniejahrmarkt@phoenixuu.org

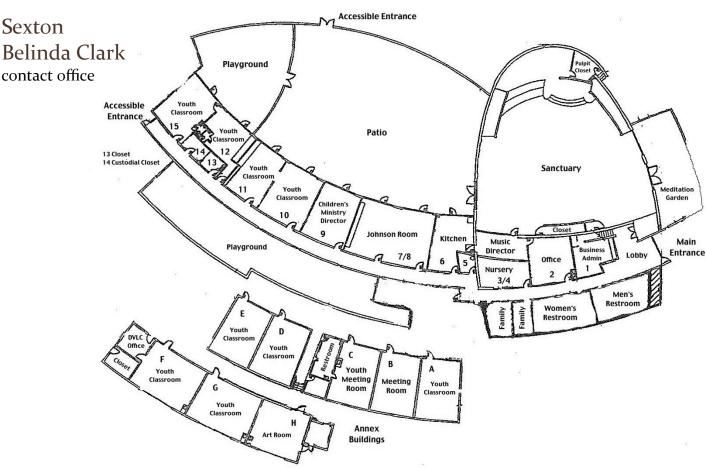


Business Administrator Heidi Parmenter 602-840-8400 x202 • Office 1 heidiparmenter@phoenixuu.org



Weekday Custodian Manuel Gomez contact office







Respect for the interdependent web of all existence, of which we are a part.

The right of conscience and the use of the democratic process with our con-

Acceptance of one another and encouragement to spiritual growth in our con-

The goal of world community, with peace, liberty and justice for all;

Principles of Our Faith

A free and responsible search for truth and meaning;

Justice, equity and compassion in human relations;

Unitarian Universalists affirm the following principles:

♦ The inherent worth and dignity of every person;

gregations and in society at large;

gregations;

postage